

CURRICULUM VITAE

Nóra Sofia Izsó

Clinical and mental health psychologist · author · playwright

Contact
info@norasofiaizso.com
norasofiaizso.com

PROFILE

For more than three decades I have worked as a clinical psychologist; I served as a forensic psychology expert for seventeen years and taught in higher education for thirteen. In my books I examine the human psyche in connection with cosmic processes, guided by the ancient hermetic teachings; I also write plays and screenplays.

EDUCATION

1982	**History and adult education** Eger, Hungary
1992	**Psychologist (MA)** Eötvös Loránd University (ELTE), Faculty of Humanities, Budapest
1998	**Specialist in adult clinical psychology and mental health** Specialist qualification; trained in numerous therapeutic methods
2024	**Screenwriting** Further training
2025	**Theatre dramaturgy** Further training

PROFESSIONAL EXPERIENCE

1992 – 1996	**National Institute of Psychiatry and Neurology, Budapest** Psychologist: adults, then two years with children
1996 –	**District psychiatric care centre and addiction clinic, Budapest** Clinical psychologist; continuing in retirement
2003 – 2020	**Forensic psychology expert** Adult and child cases; several hundred criminal and civil cases

HIGHER EDUCATION

1998 – 2007	**Jászberény College** Four subjects for social pedagogy students
2010 – 2014	**University of Debrecen** Clinical practice and psychological testing, clinical psychology specialist programme

PUBLICATIONS

2006	**Hermetikus lélektan (Hermetic Psychology)** Akadémiai Kiadó; MeRSZ digital library since 2019
2025	**Kozmolélektan (Cosmopsychology)** ValoArt Kiadó
—	**Hombre y Universo · Hombre cósmico** Spanish editions of both books, translated by Péter Ujfalussy

2018 **The New Paradigm in the Light of Ancient Hermetic Teachings**
World Futures (Taylor & Francis), at the invitation of Ervin László · doi.org/10.1080/02604027.2018.1444002

THEATRE AND FILM

2014 **Hová mész Herm'Ész? (Where are you going, Herm'Ész?)**
Virtual farce of existence · Zeneszínház, Budapest

2015 **Dolorés**
Reincarnation thriller · Szentendre by Night and Day

now **Csacsatánc**
Monodrama with music and dance · Kugler Art Szalon, Budapest

2025 **A hangya útja (The Ant's Path)**
Short feature film (screenplay), in post-production

10 plays written, 3 staged

SELECTED TALKS

2010 **The Speech of the Universe: the Symbol**
Congress of the Hungarian Association for Relaxation and Symbol Therapy, Budapest

2014 **The Cosmic Human**
Budapest and Transylvania

2015 **Introduction to Cosmopsychology**
Soter Teahouse, Budapest